



## Original Investigation

# Unburned Tobacco Cigarette Smoke Alters Rat Ultrastructural Lung Airways and DNA

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## Abstract

**Introduction:** Recently, the Food and Drug Administration authorized the marketing of IQOS Tobacco Heating System as a Modified Risk Tobacco Product based on an electronic heat-not-burn technology that purports to reduce the risk.

**Methods:** Sprague-Dawley rats were exposed in a whole-body mode to IQOS aerosol for 4 weeks. We performed the chemical characterization of IQOS mainstream and we studied the ultrastructural changes in trachea and lung parenchyma of rats exposed to IQOS stick mainstream and tissue pro-inflammatory markers. We investigated the reactive oxygen species amount along with the markers of tissue and DNA oxidative damage. Moreover, we tested the putative genotoxicity of IQOS mainstream through Ames and alkaline Comet mutagenicity assays.

**Results:** Here, we identified irritating and carcinogenic compounds including aldehydes and polycyclic aromatic hydrocarbons in the IQOS mainstream as sign of incomplete combustion and degradation of tobacco, that lead to severe remodelling of smaller and largest rat airways. We demonstrated that IQOS mainstream induces lung enzymes that activate carcinogens, increases

tissue reactive radical concentration; promotes oxidative DNA breaks and gene level DNA damage; and stimulates mitogen activated protein kinase pathway which is involved in the conventional tobacco smoke-induced cancer progression.

**Conclusions:** Collectively, our findings reveal that IQOS causes grave lung damage and promotes factors that increase cancer risk.

**Implications:** IQOS has been proposed as a safer alternative to conventional cigarettes, due to depressed concentration of various harmful constituents typical of traditional tobacco smoke. However, its lower health risks to consumers have yet to be determined. Our findings confirm that IQOS mainstream contains pyrolysis and thermogenic degradation by-products, the same harmful constituents of traditional cigarette smoke, and, for the first time, we show that it causes grave lung damage and promotes factors that increase cancer risk in the animal model.

## Introduction

Purported to be a safer alternative to conventional cigarettes, “Heated Tobacco Products”, the latest devices of the “electronic cigarette family” to which IQOS belongs, reached high popularity in recent years, especially among young people.<sup>1</sup> IQOS is equipped with technology that heats tobacco without combustion with a distinct appearance of cleanliness, exclusivity and high tech.<sup>2</sup> Recent evidence suggest how IQOS mainstream contains various harmful constituents typical of traditional tobacco smoke such as toxic aldehydes as well as carcinogenic polycyclic aromatic hydrocarbons (PAHs) such as benzo[a]pyrene, although the concentrations are markedly lower.<sup>3</sup> To date, however, there are no clear evidence of a lower health risk to consumers,<sup>4</sup> without considering that the World Health Organization (WHO) remarked that there is no safe level of exposure for cancer-causing chemicals.<sup>5,6</sup> Meanwhile, IQOS is not banned indoors in many countries posing a serious toxicological issue since fragile groups such as pregnant women and children could be involuntary exposed. Recently, few independent studies show some toxicological outcomes similar to those elicited by traditional cigarettes.<sup>7–10</sup> The present study was conceived to contribute to fill the gap of knowledge on IQOS associated toxicological outcomes exploring its effects on lung’s structure along with its genotoxic mutagenic and co-carcinogenic potential.

## Materials and Methods

### Chemical Analysis on IQOS Mainstream Aerosol

Chemical analysis on IQOS mainstream aerosol was performed by using a customized, purpose-built smoke machine that allows for the analysis under standard conditions: puff of 2 s and 35 mL of volume and 30 s interval between two successive puffs.

The device used to perform the chemical analysis on IQOS mainstream was self-assembled including the negative pressure pneumatic system, as shown in Figure S1A. A manually operated, three-way valve controlled the different strokes of the cycle. The reproducibility of the aspiration speed was maintained ( $\pm 2\%$ ) by fine regulation of the pressure obtained by means of labyrinths at variable pressure drop. The components connecting the smoke at the exit from IQOS to the uptake devices were designed to be as short as possible in order to reduce analyte loss. All components of this device were commercially available, except the three-way valve which was designed and built in our laboratory. The compounds analyzed in this study and the methods used are reported in Figure S1A.

### Preliminary Conditions and Chamber Assessment

To ensure appropriate  $O_2/CO_2$  and  $O_2/N_2$  ratios, we set the exposure parameters in terms of puff profile and total number of HEETS consumed in order to reach a modest decrease in oxygen level (less than 5%) and a slightly higher relative  $CO_2$  concentration, as previously described.<sup>11</sup> Air was sampled by the use of a Hamilton airtight syringe (30 mL), which was immediately transferred into a 5 mL capped vial and injected onto a GC/MS (QP-2010 Plus, Shimadzu, Japan) system equipped with a RTX-WAX column (30 m, 0.25 mm i.d., 0.25  $\mu$ m film thickness, Restek, USA), interfaced with a computerized system for data acquisition (Software GC-MS Solution V. 2.5, Shimadzu, Japan).

### Animal Exposure

Animal experiments were designed in accordance with EU Directive (2010/63/EU) guidelines, and the protocol was approved by the Committee on the Ethics of Animal Experiments of the University of Bologna and by the Italian Ministry of Health (Permit number 26832015). Twenty-four male Sprague Dawley rats (ENVIGO RMS S.r.l., San Pietro al Natisone, Udine, Italy), 7 weeks old, were housed under standard conditions (12 h light-dark cycle, 22°C, 60% humidity). After 2 weeks of acclimatization, animals were randomly assigned to control ( $n = 14$  rats) or exposed ( $n = 10$  rats) group. The exposure apparatus was comparable to those described in previous studies.<sup>11–13</sup> The treated group was exposed using a whole-body mode. The inhalation chamber consisted of a propylene chamber (38×26.5×19 cm) with a capacity of 19 L. The pump (0.18 kW; 1.4/1.6 A; 230 V; 50/60 Hz) was installed on one side of the box, while the IQOS aerosol was puffed on the other, generating the air-flow into the chamber. The chamber containing two animals at a time was not hermetically sealed and the three holes (two IQOS and pump connection points) were never occluded. The puff profile consisted in (5 s on, 15 s off, 5 s on) with an airflow of 4 L/min. The puff profile and flow rate were determined in accordance with previous studies on e-cigarette.<sup>14,15</sup> IQOS devices were powered off automatically when the stick was consumed. The exposure lasted for 20 min. Animals were submitted to aerosol from eight tobacco sticks/day/chamber, never exceeding the 3 h/day of exposure. The concentration of nicotine recorded in IQOS aerosol mainstream was significantly lower than the  $LC_{50}$  for vaporized nicotine in the rat model (2,3 mg/L).<sup>16</sup> Daily treatments were scheduled for five consecutive days/week followed by two rest days, for 4 weeks. The Animal Welfare Committee monitored the animal throughout the entire experimental program.

### Scanning (SEM) and Transmission (TEM) Electron Microscopy

Trachea and lung fragments were fixed with 2.5% glutaraldehyde in 0.1 M sodium phosphate buffer for 1 h, post-fixed with 1% osmium tetroxide in the same buffer for 1 h and dehydrated in a series of progressive alcohol concentrations.<sup>17</sup> For SEM studies, samples were successively processed via critical point drying with liquid CO<sub>2</sub>, attached to the specific stub and then gold sputter-coated.<sup>18</sup> For TEM analysis after fixation and dehydration, they were infiltrated and embedded in Araldite. When polymerized, the samples were ultra-thin sectioned, contrasted with heavy metals stains and observed by TEM.<sup>19</sup>

### Leukocyte Profile

Analyses were performed by the Central Laboratory of Clinical Pathology of the Department of Veterinary Medical Science (University of Bologna), according to standard methods certified by the Italian National Health Service.

### Pro-inflammatory Cytokines

Interleukins were assessed using the Multi-Analyte Elisa array microplate kit for rat inflammatory cytokines by Qiagen, in accordance with the manufacturer instructions.

### Tissue Cytokines Gene Expression

Isolation of total RNA from lung tissue was performed by Purelink RNA mini kit (Thermo Fisher Scientific, Waltham, MA, USA). The experimental procedure is available in supplementary materials.

### Cytosolic and Microsomal Fraction Isolation

The detailed procedure for obtaining the cytosolic and microsomal fractions was previously reported.<sup>20</sup>

### Cyclooxygenase (COX) Linked Activity

Enzyme activity was determined spectrophotometrically in microsomal fraction following the oxidation of NNN',N'-tetramethyl-p-phenylenediamine (TMPD; 100 µM) during the reduction of prostaglandin G<sub>2</sub> PGG<sub>2</sub> at 600 nm at 25°C.<sup>21</sup>

### Analysis of Radical Species in Lung Tissue by Electronic Paramagnetic Resonance

The method was previously employed as an accurate measure of total radical species in different tissues.<sup>11,13,22</sup> Full details are available in supplementary materials.

### 2',7'-Dichlorofluorescein Diacetate Assay for Reactive Oxygen Species (ROS) Estimation in Tissue Homogenate

Tissue homogenate was mixed with 2',7'-dichlorofluorescein diacetate assay as previously reported.<sup>13,18</sup> The procedure is described in supplementary materials.

### Ferric Reductive Antioxidant Power Assay

The test was carried out following the procedure reported previously ( $n = 5$  measurements per group).<sup>23</sup> Full details are available in supplementary materials.

### Antioxidant Enzymes

The antioxidant enzyme activities were performed spectrophotometrically on cytosolic fractions ( $n = 6$  measurements per group).<sup>24</sup> Full details are available in supplementary materials.

### Conjugative Phase II Enzymes

Glutathione S-transferase and Uridine diphosphate glucuronosyl transferase were performed as previous reported. ( $n = 8$  measurements per group).<sup>20,25</sup> Procedures are described in supplementary materials.

### Thiobarbituric Acid Reactive Substances Assay

The concentration of malondialdehyde in tissue homogenate was performed according to Seljeskog et al.<sup>26</sup> ( $n = 7$  measurements per group). Further details are present in supplementary materials.

### Lipid Peroxides from Tissue Homogenate and Red Blood Cell Membranes

The FOX method, used for the estimation of lipid hydroperoxides in the tissue homogenate. The results are expressed as moles of H<sub>2</sub>O<sub>2</sub>/mg of protein ( $n = 8$  measurements per group).<sup>27,28</sup> Details about isolation of red cell membranes are reported in supplementary materials.

### Protein Carbonyl Groups

The assay was performed by the method described by Levine and colleagues with some modifications.<sup>29</sup>

### 8-Hydro-2-Deoxyguanosine (8-OHdG) Assay

The test was performed following the manufacturer's instructions (DNA/RNA oxidative damage ELISA Kit by Cayman Chemicals, Ann Harbor, MI, USA). The DNA was extracted from the tissue through QIAmp DNA investigator kit following the datasheet recommendations (QIAmp DNA investigator KIT by QIAGEN (Venlo, Netherlands), and the nucleosides were obtained using the DNA Degradase Plus by Zymo Research Irvine, CA, USA)( $n = 8$  measurements per group).

### Cytochrome P450 (CYP)-Linked Monooxygenases

*p*-nitrophenol hydroxylase was quantified by measuring 4-nitrocatechol formation at 546 nm ( $\epsilon = 10.28 \text{ mM}^{-1} \text{ cm}^{-1}$ ). Pentoxifyresorufin O-dealkylase (PROD, CYP2B1/2), ethoxyresorufin O-deethylase (EROD, CYP 1A1) and methoxyresorufin O-demethylase (MROD, CYP1A2) were determined by measuring resorufin formation spectrofluorimetrically, using pentoxifyresorufin, ethoxyresorufin and methoxyresorufin as substrates respectively. ( $n=7$  measurements per group) As previously reported.<sup>20</sup>

### CYP1A1 Gene Expression

Total RNA was isolated from frozen lung tissues (about 20 mg) of control ( $n = 6$  measurements per group) and IQOS ( $n = 6$ ) rats using the E.Z.N.A.® Total RNA Kit I (OMEGA Bio-tek, Norcross, GA, USA) according to the manufacturer's instruction. Further information is included in the supplementary material.

### SDS-Page and Immunoblotting

Lung protein extraction was performed employing the T-PER Tissue protein extraction reagent (Thermo Scientific, Waltham, MA,

USA) and Halt Protease and Phosphate inhibitor cocktail (Thermo Scientific) following the manufacturer's recommendation. Proteins were separated in one dimension on Bolt 4–12% Bis-tris Plus gels (Invitrogen Thermo Scientific) using a mini protean vertical gel electrophoresis mini-tank module (Invitrogen Thermo Scientific). The detailed procedure is included in the supplementary material section.

### Mutagenicity Test

Ames assay was carried out using *Salmonella typhimurium* TA100 strain, with and without microsomal activation (S9 mix) as described.<sup>30,31</sup> The detailed procedure is included in the supplementary material section.

### Alkaline Comet Assay

Alkaline Comet assay was performed on rat whole blood as previously reported.<sup>11</sup> The detailed procedure is included in the supplementary material section.

### Protein Concentration

Protein concentrations were determined as previously described using bovine serum albumin as a standard.<sup>32</sup> The Pierce BCA protein assay by Thermo Scientific was employed to estimate the protein concentration for SDS-page immunoblotting.

### Statistical Analysis

Where not differentially specified, data are expressed as means  $\pm$  standard deviation (S.D.) of measurements performed on rat samples for each studied group. Data from the preliminary tests to set the experimental conditions of the exposure chamber were analyzed using Tukey's test. Cytokine gene expression analysis was performed using one-way ANOVA (Kruskal Wallis) followed by Dunn post hoc test. Data sets from leukocyte profile, enzyme activities, oxidative stress markers (such TBARS assay, lipid peroxides from tissue homogenate and red blood cell membranes, protein carbonyl groups, 8-hydro-2-deoxyguanosine (8-OHdG) assay), and immunoblotting were tested for normality by the D'Agostino and Pearson or Kolmogorov-Smirnov test and analyzed using the two-tailed unpaired *t*-test or Mann-Whitney test in case of non-normality distribution. Data from FRAP assay 8-OHdG, and CO ( $n=5$  measurements per group), were analyzed using the two-tailed unpaired *t*-test. The micronucleus test was statistically analyzed using the two-tailed unpaired *t*-test. For the Comet assay and Ames test, the distributions of the variables were preliminarily assessed using the one-sample Kolmogorov-Smirnov test, and parametric statistical tests were applied to normally distributed variables. The mean values from the repeated experiments were used in a one-way analysis of variance (ANOVA). If significant F-values ( $P<0.05$ ) were obtained, post hoc Student's *t*-test (Bonferroni's version) was conducted for pairwise comparison. *P* values  $<0.05$  were considered statistically significant. \*  $P < 0.05$ ; \*\*  $P < 0.01$ ; \*\*\*  $P < 0.001$ .

## Results and Discussion

We characterized IQOS mainstream using GC-MS based on representative tobacco smoke carcinogens (Figure S1B-C-D) which revealed the presence of aldehydes and polycyclic aromatic hydrocarbons (PAHs). These compounds are indicative of thermal degradation and incomplete combustion of tobacco and raise questions as to whether IQOS tobacco products generate smoke rather than

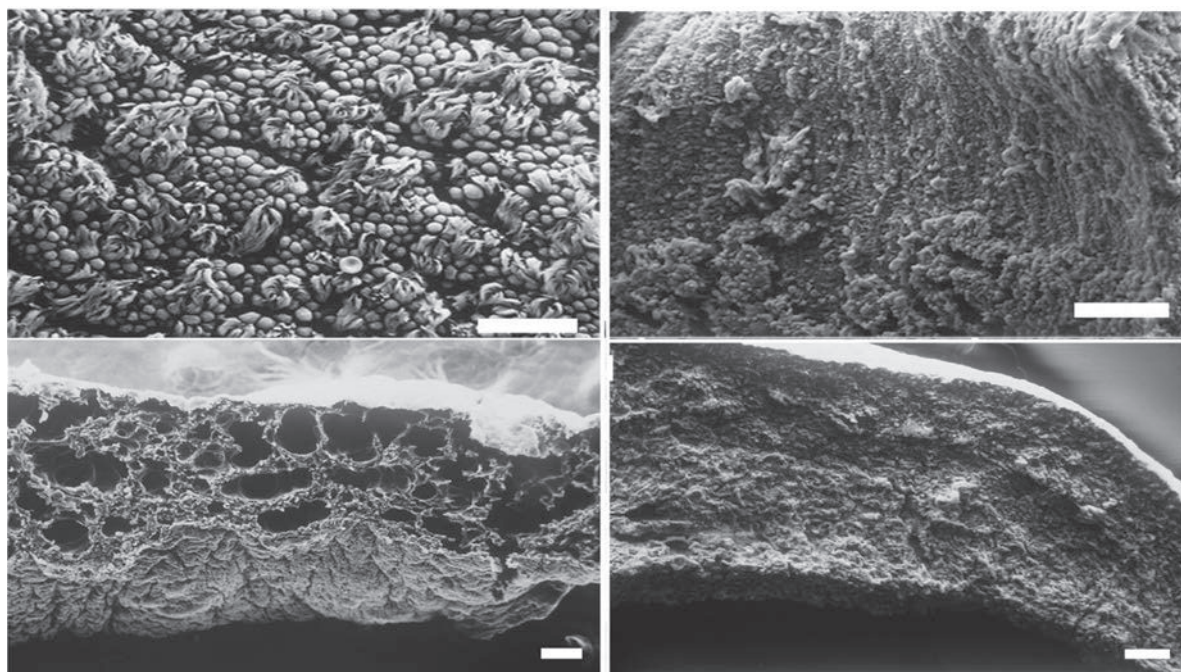
a generic aerosol.<sup>3</sup> The concentration of nicotine recorded in IQOS mainstream was significantly lower than the  $LC_{50}$  for vaporized nicotine in the rat model (2,3 mg/L) (Figure S1D).<sup>16</sup> Although the present study is lacking comparison between harmful compounds concentration present in IQOS mainstream and those typically recorded in conventional cigarette smoke, it must be considered that the shape of the dose-response curve for chemical carcinogens, such as PAHs, deviates from the linear form,<sup>33</sup> and the World Health Organization (WHO) states that there is no safe level or threshold dose of exposure.<sup>5</sup>

Next, we show ultrastructural images of the trachea of rats exposed to IQOS stick smoking, which present histological features (Figure 1) similar to those caused by traditional cigarette smoking.<sup>33</sup> Images from scanning electron microscopy (SEM) of trachea specimens from the control group show a well-preserved epithelial organization, with the expected balance between goblet cells and ciliated cells (Figure 1). The exposed group reveals marked changes including the presence of erythrocytes (Figure 1), and necrotic cells on epithelial surface (Figure S1E g, h). Cilia distribution and length appear also affected by the treatment (Figure S1E g). Trachea details captured by SEM (Figure S1E i) and TEM (Figure S1E j-m) from the IQOS group show secreting granules or secreting cell portions. A significant number of apoptotic and necrotic cells appear along the submucosa (Figure S1E k-m), including the presence of erythrocytes. These changes could be due to the aldehyde exposure, in particular acetaldehyde.<sup>34,35</sup> Beyond this, we observe visible apoptotic and necrotic cells (Figure S1E k-m) in the tracheal submucosa. Lung parenchyma was markedly disrupted (Figure 1), with deep disorganization and collapsing of the alveolar epithelium, absent bronchial branches (Figure S1F e, f), and visible blood extravasations (Figure S1F g). TEM revealed granulocytes pulmonary infiltration as an inflammation response (Figure S1F h-l), which was corroborated by higher circulating blood neutrophils (Figure S1G), typically observed in patients with stable chronic obstructive pulmonary disease (COPD).<sup>36</sup> These results indicate that the IQOS mainstream produced in this study is manifestly destructive to the lung.

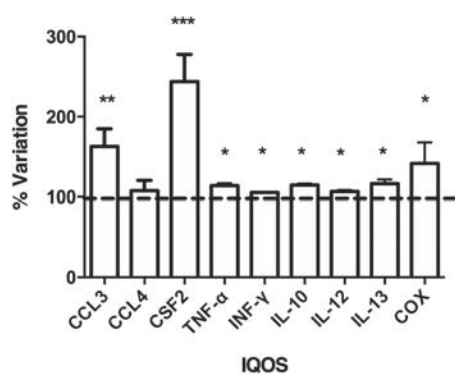
We also find an increase in IL-13, IL-10, IL-12, TNF- $\alpha$ , and INF- $\delta$  expression (Figure 2). IQOS exposure increases IL-10, IL-12, IL-13, TNF- $\alpha$ , INF- $\delta$  plasma levels. The gene expression of lung glycoprotein, granulocyte macrophage-colony stimulating factor (CSF2), and macrophage inflammatory protein CCL3 gene expression is markedly increased in the lung tissue of the IQOS group compared to the control group. Upregulation of pulmonary granulocyte macrophage-colony stimulating factor CSF2 can be associated with COPD progression through increasing the number of neutrophils,<sup>37</sup> as well as the up-regulation of macrophage inflammatory protein CCL3, which facilitates the recruitment of macrophages into the airways.<sup>38</sup> On the other hand, some markers here recorded such as eosinophils infiltration and the increment of Th2 cytokine IL-13 have been attributed to an asthma condition suggesting a convergence of signs,<sup>39</sup> and interestingly, tobacco smoke can drive eosinophils accumulation in distal airways.<sup>40</sup> Pulmonary cyclooxygenase (COX) linked activity is up-regulated in the exposed group compared to control. Thus, IQOS mainstream is responsible for robust inflammation. We also observe an upregulation of the pulmonary COX, often seen in cigarette smokers, which is associated with inflammation and tumor progression.<sup>41</sup>

Next, the exposure to IQOS mainstream also resulted in supraphysiological production of ROS in the lung (Figure S3A a, b), together with a reduction in plasma reducing potential (Figure

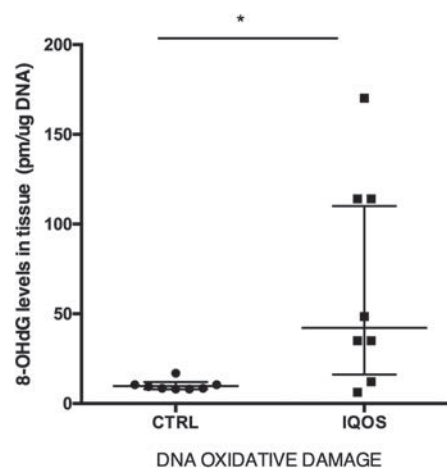




**Figure 1.** IQOS exposure leads to a severe airway remodelling. Representative images from scanning electron microscopy (SEM) of trachea specimens (upper left side bar = 20 µm) from control group, exposed group (upper right side; bar = 50 µm). Images of lung specimens (SEM) from the control group (lower left side; bar = 50 µm) and exposed animals (down right side; bar = 50 µm). A more detailed panel from SEM and TEM microscopy study is available in supplementary materials.



**Figure 2.** IQOS triggers lung inflammatory response. IQOS exposure increases IL-10, IL-12, IL-13, TNF-α, INF-γ plasma levels. Pulmonary cyclooxygenase (COX) linked activity is up-regulated in exposed group compared to control. Bars represent the percentage variation of relative markers recorded in IQOS group compared with controls values arbitrary set at 100%. A more detailed panel from inflammatory markers is available in supplementary materials.



**Figure 3.** IQOS exposure leads to oxidative DNA damage. Exposed animals report higher levels of 8-OHdG as a DNA oxidative damage marker measured in DNA isolated from lung tissue (more than 300%).

S3B). Unexpectedly, no significant increase in pulmonary enzymatic antioxidant and post-oxidative networks was observed (Figure S3C a-h). The mild down-regulation of nuclear factor erythroid 2-related factor 2 (Nrf2), and the impairment of UDP-glucuronyl-transferase (Figure S3C f, g) is often observed in patients with COPD.<sup>42</sup> These findings indicate that a redox imbalance results in oxidative stress (OS) and tissue injuries. To gain further insight into this, we analyzed typical OS markers, such as markers of lipid peroxidation (Figure

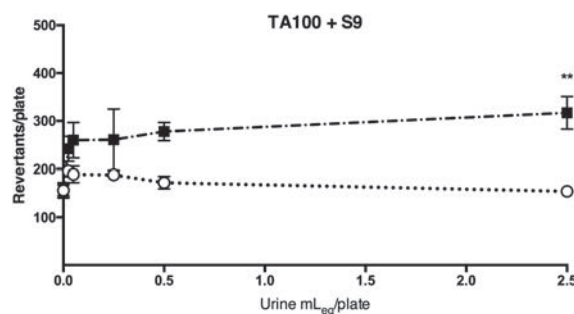
S3D a-c), oxidative damage to the red blood cell membrane (Figure 3D b), and protein carbonylation (Figure S3D d). We also observed marked DNA oxidative damage as evidenced by oxidized derivatives of deoxyguanosine 8-oxo-2'-deoxyguanosine (8-oxo-dG) (Figure 3, Figure S3D e). These results suggest that OS causes damage not only at the tissue level but also to genetic material.

Next, we explored whether the exposure to IQOS modulates the carcinogenic metabolizing cytochrome P450 (CYP) dependent enzymes that are key mediators of this catalytic process.<sup>43</sup>

We found a marked induction of CYP1A1 and CYP2A1/2 (activating, polychlorinated biphenyls, aromatic amines, PAHs, and alkylnitrosamines), CYP2B1/2 (activating olefins and halogenated hydrocarbons), and CYP2E1 (activating alcohol, nitrosamines, benzene, acetone, acrylamide) linked monooxygenases (Figure S3E). Interestingly, increases in such enzymes are a typical phenomenon associated with exposure to tobacco smoke and e-cigarettes. These results suggest that IQOS increases an individual's vulnerability to the deleterious effects of both the pre-carcinogens present in the mainstream itself and the ubiquitous ones. As all these substances are rapidly bioactivated under CYP induction condition, excess carcinogenic metabolites can saturate enzymatic defense mechanisms causing damage to various macromolecules including DNA.<sup>32,40,44</sup> Additionally, the marked CYP1A1 induction we reveal (Figure S3E a, b), promoting the activation of substances such as benzo[a]pyrene that are potent carcinogens but also highly toxic, is particularly harmful to distal airways which increase COPD susceptibility and progression.<sup>45</sup> Finally, due to the uncoupling of the CYP-Fe II-O<sub>2</sub> complex of the CYP catalytic cycle, CYP induction contributes to an overproduction of ROS that can lead to COPD progression, or worse, in the development of cancer.<sup>32,42</sup>

Accumulating evidence indicates that the mitotic-activated protein kinase (MAPK) cascade in the production of many inflammatory mediators is involved in pulmonary diseases such as asthma and COPD<sup>46</sup> and, recently, inhibitors of ERK/p38 MAPK have been proposed as promising agents against pulmonary inflammatory diseases.<sup>47</sup> Our model shows a significant activation of c-Jun N-terminal kinase (JNK), extracellular-signal-regulated kinase (ERK) 1/2, and p38 MAPK (Figure S4A), which are typically triggered by a variety of stimuli such as proliferative signals, inflammatory, environmental insults, and OS.<sup>48</sup> Recently, inhibitors of ERK/p38 MAPK pathway have been proposed as promising agents against pulmonary inflammatory diseases<sup>47</sup> NKs MAPK activation is associated with higher levels of IL-13 and TNF- $\alpha$ , and they enhance the transcriptional activity of AP-1, which in turn activates a wide range of immunomodulatory genes, all implicated in pulmonary diseases of diverse origin, including pollutant-induced bronchitis, allergic and non-allergic asthma, exercise-induced asthma, acute respiratory distress syndrome and COPD.<sup>48</sup> These data reinforce the hypothesis that IQOS consumption could worsen some inflammatory-related pulmonary diseases. Interestingly, the MAPK pathway is also implicated in various aspects of cancer progression, including the lung epithelial-mesenchymal transition<sup>49,50</sup> that was recently observed in IQOS exposure in an *in vitro* model.<sup>51</sup>

Finally, to explore the mutagenic potential of IQOS mainstream constituents using the urine as the final repository of chemical metabolites. We found that the metabolite cocktail collected produced significant DNA damage in *S. typhimurium* as evidenced by an increase in bacterial revertants leading to gene mutation (Figure 4). This observation is in contrast with the absence of mutagenicity of the total IQOS particulate matter reported by Philip Morris International (PMI; R&D).<sup>52</sup> We also observe that IQOS smoking exposure results in increased DNA damage in leukocytes identified as migration of the fragmented DNA determined by single-, double-strand breaks and alkali-labile sites (Figure S4B); in other words, extrapolating data from the distributions of migrating nucleoids per single specimen we observe significant increases in high levels of DNA damage (99° percentile) in the IQOS group compared to controls. Given that, these results are in disagreement with the conclusions reported by



**Figure 4.** IQOS exposure raises the mutation rate assessed through the Ames short-term mutagenicity test. IQOS exposure leads to a dose-dependent increase in the number of *S. typhimurium* revertants in TA100 Salmonella strain, with S9 mix, on urine. Further genotoxicity assays are available in supplementary materials.

PMI stating that IQOS smoking exposure cannot result in genetic material injury, further independent studies are needed.

## Conclusions

Our findings suggest that the IQOS unburned tobacco smoke system is by no means a low-risk product and that the labeling of this modified-risk tobacco product may mislead consumers who interpret “a lower level of toxic compounds” as an indication of “harmlessness.” Given that considerable time is needed before data from long-term studies on cancer risk become available, we encourage regulators to continue to promote and fund independent studies that specifically address the potential toxicity of these unburned tobacco smoke systems.

## Strengths and Limitation

The present is the first independent study aimed to investigate the putative genotoxic and mutagenic potential of IQOS exposure in an *in vivo* model. Images from electronic microscopes TEM and SEM give valuable information regarding the destructive effect of IQOS mainstream on airways. The study is lacking of a chemical comparison between concentration of harmful constituents recorded in IQOS mainstream and those typically detected in standard cigarette. Furthermore, the panel of genotoxicity tests could be extended in order to collect more information on the mechanism by which IQOS exposure can affect the DNA stability.

## Supplementary Material

A Contributorship Form detailing each author's specific involvement with this content, as well as any supplementary data, are available online at <https://academic.oup.com/ntr>.

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## Author Contributions

F.V., D.C., S.C., M.P. R.J.E. designed the study. S.S., L.B., I.F., S.G., M.T.R.E., D.M. E.N.F. performed the chemical analysis. S.B., E.F. performed and analysed data from scanning/transmission microscopy. E.T., C.F., V.L., M.G. conducted the gene expression analysis. P.F., M.L. determined the ROS yield in biopsies by EPR technique. A.B., M.L., S.B., A.L., S.M., assessed the mutagenesis tests. S.C., F.V., S.G., M.M. performed animal treatment and all other *ex-vivo* assays. F.V., D.C., S.C., M.P. R.J.E. wrote the manuscript and all other reviewed and edited the paper.

## Declaration of Interests

The authors declare no competing interests.

## Data Availability Statement

All data are available in the main text and in supplementary materials.

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